

# MIDDLETON~ CUM~FORDLEY



*Submitted by Amy Heather*

## NEWSLETTER

*September 2022*

Editorial

Congratulations to Amy Heather of Mill Street who was awarded the MCC young person’s bursary for 2022. She has put it towards her new sigma 150-600 contemporary camera lens to further her interest in photography.

A small condition of the bursary was that she sent a photo for the front cover of the newsletter – which you see this month, and we hope she will exhibit some of her other work next time we have an archive day in the village hall.

As I write preparations are in full swing for the village fete on Saturday 27<sup>th</sup> on the Playing Field though it may well be all over by the time you read this!!! Let’s hope it is as successful as last year.

More things happening in September – look out for the adverts further on.

Contributions for the next newsletter to me by email preferably as a WORD doc please to [barbara.barker.t21@btinternet.com](mailto:barbara.barker.t21@btinternet.com) or 6 Meadowview, Rectory Road, by Tuesday 20<sup>th</sup> September which sounds early (though it is actually a month) but I will be away the following week.

Spare paper copies will be in the church porch as usual. Also to be found on the Parish website. [www.middletoncumfordley.org.uk](http://www.middletoncumfordley.org.uk).


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**Sunday 28<sup>th</sup> August** (NOT 27<sup>th</sup> as in the email sent the other day!!!! )

Crossroads Cottage (corner of Fordley Road where it meets the Yoxford Rd)

Open Fruit pick – bring your own container - Apples, pears and damsons

10 am -12 charity donations to the Blossom Appeal.      Parking in layby opposite.



**Live music at Manor House**

Hurrah! We are fully covid-recovered here now and have a new date for the fabulously talented Honey & the Bear (together with the magnificent Toby Shaer) -

**Thursday 1st September, 2pm onwards.**

Apologies to those that have work commitments but we’re really grateful to all involved to have been able to squeeze this in between numerous festival commitments this summer.

All details remain as before (ie byo chair/cushions/snacks/drinks etc) and as it’s been so ludicrously dry....you may want to bring extra cushions as the ground is very, very hard (beneath the dust) - the promised downpours this week will be welcome if they arrive, but they’re not going to be enough to make up for this summer yet! Fingers crossed we get one of our gorgeously clear & sunny Suffolk days on 1st September 🍀

Many of you have already so very kindly contributed to the Bowel Cancer UK fund we set up - but anyone still wanting to do so can use the link below or cash .

We VERY much look forward to seeing all that can make it, and sharing a wonderful afternoon with you.

Warmest regards, Mandy & Steve

We can collect ‘real money’ here on the day - or more preferable - you can make a payment direct to our JustGiving page here: [www.justgiving.com/MandyBeaumontforDarren](http://www.justgiving.com/MandyBeaumontforDarren)

## REMINDERS

Middleton Carpet bowls club returns after a summer break.

Thursday evenings from **1<sup>st</sup> September** 6.30 - 8.30 pm in the Village Hall.

£2 pp per session . New members always welcome, tuition given.

Don't be shy come and try.



Squit night at the Bell, anyone can join in and sing, say or play, Thursday 1<sup>st</sup> September from 8pm (and every first Thursday of the month).

Or if cards are more your cup of tea - come and join us for crib on **Tuesday 6<sup>th</sup> September** at The Bell 7pm .



This will be a pre-season get together before the league starts - an opportunity for returning players who might want a refresher or practice pegging, any new players to come and join in, learn a bit more about the game and seasoned players to maybe talk tactics about how we can do better this season!!!! All welcome. (Rumour has it there may even be a few sandwiches.)

*VINYL NIGHT 2 - back by popular request*

*Friday 2<sup>nd</sup> September, 6-10pm in the Bell Barn.*

*Audience participation encouraged -there'll be tracks to sing along (and hopefully dance) to!*



Saturday 17<sup>th</sup> September

‘Silmor’

will be playing at the Bell

from around 8pm

## Macmillan Coffee Morning

This year the Macmillan coffee morning is back to normal. It will be on **Friday the 30th September** between 10 and 12 at The Middleton Bell.

Do come along and support this worthwhile event, enjoy coffee, cake, friendship and laughs.

If you want to bake a cake let me know, we will have our normal cake stall, raffle and hopefully a few games.

Fiona Cusack tel 07730474004

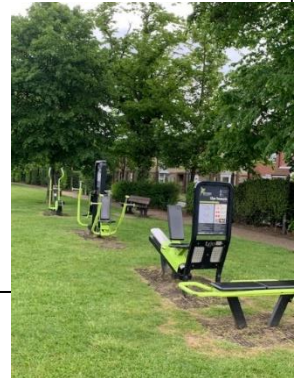


## Adult Gym

As everyone may be aware, a proposal for a small adult gym at the recreation ground has been made by myself. I'm over 60 and think it would be useful for us "seniors!" Whenever I go to Spain I use one every day for 20 mins and I reckon it helps with general fitness. Can you let me know if you think you might use it and if so what machines you think would be good? The attached photo is an example.

My eMail is [Michele.kendall59@gmail.com](mailto:Michele.kendall59@gmail.com)

**I would love to hear from you before the next Parish Council meeting on 13<sup>th</sup> September. Thanks**



Advance notice of Title Road closure from 5<sup>th</sup> September.



Caught in the act!! Allegedly rescuing granddaughter – strangely she's nowhere to be seen!!



# Painting Workshops

Painting days at Middleton Village Hall this Autumn

*run by Christine Lester, professional artist*

Tuesday, 20.9.22

LOOSEN UP YOUR WATERCOLOURS- flowers, animals, birds

Saturday, 24.9.22

PAINTING PEOPLE IN SCENES- medium of your choice

Tuesday, 11.10.22

PORTRAITS FROM PHOTOGRAPHS- acrylics or watercolour

Saturday, 15.10.22

WATERCOLOUR SEA BIRDS - from puffins to gulls

Thursday, 20.10.22

DOMESTIC & FARM ANIMALS - in pastel or acrylic

Tuesday, 25.10.22

GARDENS & ALLOTMENTS - in collage and mixed media



Each day will run from 10a.m. to 3.30pm.

Cost: £40 per person, including refreshments (bring own lunch)

For more info., contact me by text or email: 07887 876933, [cb4art@gmail.com](mailto:cb4art@gmail.com), [www.christinelester.co.uk](http://www.christinelester.co.uk)

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HOLY TRINITY CHURCH – MIDDLETON-CUM-FORDLEY

# MIDDLETON

## OUR VILLAGE IN 1900

Based on the writings of ALLAN JOBSON



### An illustrated talk by MARK MITCHELS

Holy Trinity Church

**Wednesday 28th September at 7.00pm**

Wine and cheese refreshments

Silver Collection towards church funds

#### **Allan Jobson's Middleton: A love letter to a Suffolk village**

Allan Jobson was a popular local author who wrote about Middleton on the threshold of the twentieth century, remembering the visits he used to make to his grandparents in the summer holidays. He lovingly re-creates the village, describing the importance of church and chapel, the festivals and holidays which drew the community together, the farming which dominated everyday existence, and the wonderful characters who could be found in the shops, pubs and open fields. The words and pictures will take you back to a distant time when life was harsh but community spirit was never found wanting.

After a brief introduction, all the words you will hear belong to Allan Jobson.

## HOLY TRINITY – MIDDLETON CUM FORDLEY



### Services during September

Sunday 11 September	11am Coffee and croissants - followed by Morning Prayer
Sunday 18 September	9.30am Morning Prayer with Theberton, at Theberton
Sunday 25 September	11am Holy Communion

*The Benefice service this month will be at Peasenhall*

*Sunday 4 September at 10am with a talk by The Children's Society*

*Please come along*

### churchlife@HolyTrinity update

Summer is unfolding and, while recognising that covid and the cost of living and climate change are now part of our collective story, it is lovely to see so many people out and enjoying one another's company once more.

It seems a good moment too to acknowledge the sadness felt as churches were required to close, also felt by us at Holy Trinity, but whilst following guidelines and concern for our village residents we know this did not sit comfortably with everyone. How lovely that we can now invite you – with a warm welcome to any newcomers - into Holy Trinity once again and give you a flavour of what you may find.

While continuing the usual services of Holy Communion and Morning Praise, every couple of months we are now also offering a PCC-led service opening with coffee and croissants and with more space for questions and conversations. This is gently growing into a warm, friendly and slightly less formal gathering. Please do come to 'taste and see...'

We also look forward to seeing many of you at Mark Mitchel's illustrated talk, **Middleton: Our Village in 1900**, on Wednesday 28 September at 7pm (See poster above). Based on the writings of Allan Jobson, it is truly a love letter to a Suffolk village. This is a free, non-ticketed event and you are welcome to simply turn up on the evening. However, if it is definitely going in your diary, please consider dropping us a line to help with catering. (Amanda Taylor 07990 602563 [ajt.opom@gmail.com](mailto:ajt.opom@gmail.com)).

We are hugely grateful too to Lucy Smith who has donated the church some great children's furniture – now we simply need some small people to bring it to life... over to you!!



### Holy Dusters 🧹

New dusters always welcome, of all faiths and none...

**7 September: Trish and Graham**

**21 September: Irene and Amanda**

**5 October: Liz and Mark**

**26 October: Rob and Paul**

**9 November: Nicola and Margaret**

**23 November: Amanda and Paul**



**14 December: Christmas clean, everyone welcome**



### Thought for the month

**'Love matters more...**

### **Notice of tree surgery in the churchyard**

Please note that major works to trees in the churchyard requiring various items of machinery in place will commence on MONDAY 12th SEPTEMBER and take approximately 1 week.

These works are to remove or reduce sycamore in order to preserve the yew trees on the eastern boundary plus removal of the two sycamore on the northern boundary.

Papers will still be delivered to the church porch.

Apologies for any inconvenience caused.

### **September Nature Notes**

In late summer it seems that the birds have simply disappeared. The garden and countryside can be eerily quiet with few birds to be seen and when birds do appear they can look quite strange, with yellowish blue tits, blackbirds with speckled heads and brown-headed starlings. But there is a simple reason for these observations. Birds are moulting. August into September is prime time for bird moulting, breeding has been completed and the weather warm - any later or earlier in the year and could get too cold without their insulating feathers.

Moulting is a process of shedding and regrowing feathers. Adult birds are shedding their worn out feathers from this year's breeding season and growing new, strong, warm feathers to see them through the winter. This year's young are losing their first feathers and moulting into adult plumage. Feathers wear out during the year. Flying, rubbing against adjoining feathers, weakening due to exposure to sun, along with parasites, such as feather lice, all cause damage to feathers. Feathers grow from follicles in the skin and the growth of a new feather from the bottom of the follicle pushes the old one out. The process is a gradual one and occurs in sequence across an area of skin to ensure that there are no 'bald' patches. Patterns of moult depend upon species, age and time of year but most birds will moult completely during a year, sometimes split into two or three moult periods, usually before and after breeding. Small birds take about five weeks to moult and regrow their flight feathers, with migratory species being the quickest. Some young birds undergo a partial moult. In young robins the 'spotty' juvenile body feathers are moulted in the late summer, being replaced with the typical red breast and brown back of an adult, while the wing feathers are retained and not moulted for a year.



Moulting is a drain on a bird's resources. It takes energy to grow new feathers, there may be heat loss when feathers are shed, affecting insulation, and when flight feathers are lost, more energy may be needed for flight so they try to rest as much as possible until this process has completed. A bird with less than its full complement of feathers will not be as swift and dextrous on the wing as it would under normal circumstances. This means that they are more likely to be targeted successfully by predators, so by staying out of sight as much as possible while moulting, they improve their chances of avoiding attacks. Songbirds also become less vocal during moult because singing consumes energy that must be diverted to changing out feathers. Generally, moulting will not overlap with other processes which are a demand on a bird's energy, such as breeding or migration. Unlike most other birds, ducks, geese and swans lose all their flight feathers at once, rendering them flightless for a period. In ducks, to provide some protection for conspicuous males, the moult starts with their bright body feathers. These are replaced by dull brown ones, making them look much like females. This eclipse plumage is why in mid- to late summer, it seems that all the drakes have gone. Once the flight feathers have regrown, the birds moult again, and by October the full colours have been regained and the various species of ducks are easily recognisable.





A smaller than usual edition this month – with no Parish Council minutes or WI report as neither have met in August.

The goats at the Bell are a constant source of interest and amusement to many people, not least at feeding time when a cacophony of noise greets the person with the buckets!! This has proved quite interesting during boules matches – taking our opposition very much by surprise when about to take a shot!!!



And speaking of boules matches ...

Beaux Belles played their last game of the summer league season on Thursday 18<sup>th</sup> August with a local derby with Theberton, starting at 6.30pm. On average, matches last around 1 ½ - 2 hours, but this time the final set went on past 9pm and as you can see they finished by torchlight!!!!

The match was drawn 2-2 in the end and we think we will finish mid-table when all other teams have finished.

What an interesting end to the season!



**Sarah Hepworth**  
**HEPWORTH HOME & GARDENS**  
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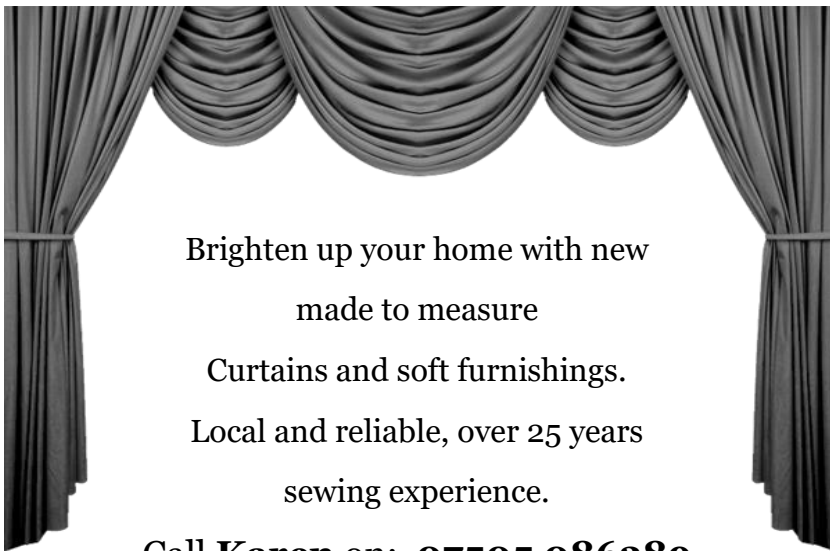
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**To hire the Village Hall contact Richard Turner**

**[jenricht@btinternet.com](mailto:jenricht@btinternet.com)**

**To hire the pavilion on the playing field contact Julian Cusack**

**[julian.cusack@btinternet.com](mailto:julian.cusack@btinternet.com)**

## Diary Dates 2022

### August

- Saturday 27<sup>th</sup> Annual Village Fete - Playing Field from **2pm**
- Sunday 28<sup>th</sup> Holy Communion **11am** Holy Trinity
- Sunday 28<sup>th</sup> 'Village fruit pick' Crossroads Cottage, iao Blossom Appeal. **10-12.**

### September

- Thursday 1<sup>st</sup> Live music in the garden, 'Honey and the Bear', Manor House **2pm**
- Thursday 1<sup>st</sup> "Squit Night" - live music at The Bell from **8pm.**
- Friday 2<sup>nd</sup> Vinyl Night 2 - The Bell Barn from **6pm**
- Sunday 4<sup>th</sup> Benefice Service, Peasenhall, **10am**
- Tuesday 6<sup>th</sup> Crib pre-season social. The Bell **7pm**
- Sunday 11<sup>th</sup> **11am** Coffee and croissants - followed by Morning Prayer, Holy Trinity
- Tuesday 13<sup>th</sup> Parish council meeting, Village Hall **7pm**
- Saturday 17<sup>th</sup> Live music at the Bell - 'Silmor' from **8pm**
- Sunday 18<sup>th</sup> **9.30am** Morning Prayer with Theberton, Theberton Church
- Wednesday 21<sup>st</sup> W.I.- V.Hall- The Thatcher and his Art ~ Dominic Meek (Master Thatcher)
- Sunday 25<sup>th</sup> **11am** Holy Communion, Holy Trinity
- Wednesday 28<sup>th</sup> Mark Mitchels talk on Allan Jobson - Holy Trinity Church **7pm**
- Friday 30<sup>th</sup> MacMillan Coffee Morning – The Bell – **10-12.**

### October

- Thursday 7<sup>th</sup> "Squit Night" - live music at The Bell from **8pm**
- Tuesday 11<sup>th</sup> Parish council meeting, Village Hall **7pm**
- Wednesday 19<sup>th</sup> W.I. Village Hall - Adnams ~ Andy Wood **7.15pm**

### November

- Thursday 3<sup>rd</sup> "Squit Night" - live music at The Bell from **8pm.**
- Monday 8<sup>th</sup> Parish council meeting, Village Hall **7pm**
- Wednesday 16<sup>th</sup> W.I. Village Hall - Her Infinite Variety ~ Simon Bridge  
(Shakespeare's Globe Theatre)

### December

- Thursday 1<sup>st</sup> "Squit Night" - live music at The Bell from **8pm.**
- Saturday 3<sup>rd</sup> Santa Boules - Playing Field **10 am**
- Saturday 10<sup>th</sup> MCC Christmas Event - tbc
- Tuesday 13<sup>th</sup> Parish council meeting, Village Hall **7pm**
- Wednesday 21<sup>st</sup> W.I. Village Hall - End of Year Celebration