## MIDDLETON - CUM-

# FORDLEY









## NEWSLETTER

September 2023

#### Editorial

Summer – has it been and gone?! To be fair we have had some really hot days and also lately some very very wet days – most notably last weekend when just as the fete was finishing we all dived for cover. What a deluge it was – the weight of water on the gazebo roofs was enough to damage two of them beyond repair. We had 10mm in the space of the two or so hours and for August so far 88.5mm – our average previously has been 59.1mm. Thanks Clive for those interesting figures.

We have fete photos galore this issue, thanks Mandy for the great photo on the front cover of Alan doing what Alan does every fete day! No PC minutes or WI report as they had their month off. Looking forward we have the Macmillan Coffee morning this month along with Vinyl night and Squit night for the music lovers, a pub quiz night, a talk on Samuel Pepys by Mark Mitchels and a WI speaker on red deer.

Contributions for the next edition to me by email preferably as a WORD doc please to <a href="mailto:barbara.barker.t21@btinternet.com">barbara.barker.t21@btinternet.com</a> or dropped in to 6 Meadowview, Rectory Road, by Tuesday 26<sup>th</sup> September.

Spare paper copies will be in the church porch as usual. Also to be found on the Parish website. www.middletoncumfordley.org.uk

Donations may be made to: HSBC Middleton Newsletter sort code 40-28-33 account number 61054236



#### Jimmy's 90th Birthday

Not content in his 90<sup>th</sup> year with just donating a portable defibrillator to the Village Hall / Community Council, Jimmy wanted to also have a birthday celebration on the Playing field, with a collection box for donations in lieu of presents. He thoroughly enjoyed his day, appreciating the efforts of *all* involved in pulling it together, loving chatting to people he hasn't seen in ages and sharing memories of past birthdays. He decided to donate the money to the Newsletter as he says it's a way of him keeping up to date with what is happening in the village. (I think he has many back issues stashed away to refer back to!) On behalf of the newsletter team – Thank you Jimmy for donating the £335 collected.



#### **FOR SALE**

Solid wood and marble dining furniture. Extendable table, 8 chairs, wine rack unit, side table. Cost over £3,000. £850 for all of it. Contact Michele 07427421943 if interested.







#### Manor House - Folk in the Garden

#### (Sunday 6th August) in aid of Bowel Cancer UK





SilMor

**Honey & the Bear with Toby Shaer** 

(Photo Credits: Nigel Smith

A huuuuge thank you to everyone for your contributions to the wonderfully joyous afternoon garden concert with SilMor and Honey & the Bear (with Toby Shaer) - all of whom were just fabulous!

The Pimms and cakes tables were laden with goodies from so many of you - thank you so much, it added a delightful dimension to the whole occasion and made sure everyone had treats - despite the chilly winds!

The purpose of this message is to let you know that our total fund-raising sum is a humungous......

#### £3122.00 (so that's £3890 with all the Gift Aid additions)

You have ALL been so generous - those that were able to come on the day we know from all your lovely messages had a fabulous time ... and for those that sadly couldn't join us on the day but so kindly donated anyway - you can all feel very proud, as we do, to have been part of such a huge sum of funds that will inevitably make a difference to someone's life with regard to bowel cancer.

We feel very humbled by the overwhelming support we have received from everyone - too many of you to list out here, but we cannot allow the occasion to pass without mentioning again the help we received from - Mike, Tom, Laura, Beth and Kim - all of whom played an integral part in making it possible to stage such an event here, and not forgetting the Middleton Community Council loan of the marquee & gazebos to ensure we could go ahead despite the weather. Thank you guys!

SilMor and Honey & the Bear (with Toby) were totally brilliant - they literally 'played for their supper' in order to entertain you all so that it was possible to raise these funds and we are so very, very grateful.

We leave you, for now, with just a few of the comments we have received from folk who were able to share in this brilliant afternoon's entertainment - they probably sum it up better than we can! Looking forward to next year?! M&S

What a wonderful afternoon ....Just lovely to sit back and listen to such talented musicians.

Many thanks for a wonderful afternoon yesterday. It's always a treat to hear Jon and Lucy (even better when augmented by Toby), and the SilMor opening session was a welcome addition. We also enjoyed the on cue appearance of the swallows formation flying team during their song; not sure how you managed that, but well done .

We loved both SilMor and Honey & the Bear: what a beautiful voice Lucy has.

Thank you so much for a super afternoon being entertained by the talented Silmor and Honey and the Bear and Toby. It was a lovely experience topped off by Pimms and cake.... It was a lovely intimate event.

Wow! What an amazing afternoon. Sitting in your stunning garden, the wind blowing through the trees and listening to sublime live music from superb musicians. At one point I was 'in the moment', thinking "life doesn't get better than this".

Marvellous do

Despite the rain and chilling wind we thoroughly enjoyed a musical afternoon ..... Even better was the good cause you support

An excellent afternoon of music

Thank you so much for a wonderful afternoon of music and food shared in your beautiful garden. We had a wonderful time chatting to your friends and neighbours. A lovely turn out and hopefully you raised a goodly amount for Bowel Cancer UK.

Just wanted to say what a fabulous afternoon! Your garden brings a feeling of calmness and add to that the beautiful music - well I can't put it into words but after having a feeling of exhaustion I walked home feeling 'uplifted'.

What a lovely afternoon it was.

### Middleton Village Summer Fete

A massive thank you from the Community Council to everyone involved in making our village fete such a success again, whether it be as stall holder, helper the day before, helper setting up/taking down on the day, musician, judge, cake maker, chef, traffic marshall, straw bale provider, photographer, barman, referee, raffle prize donater, first aider and most of all everyone who did some/none of the above but came along had a good time and spent lots of money! We couldn't do without you. (Hope I've not forgotten anyone!) The treasurer does not yet have a final sum raised as there are still a few expenses to be claimed but income on the day was over £2,700, very similar to last year's income of £2798.

The only downside was the sight of soaking, bedraggled helpers paddling through puddles to get everything cleared!

The following photos, courtesy of Charlie and Nigel, should give a flavour of the day and we hope to see you next at the Autumn Fayre in October when the live music will once again be the Random Blues Band.

Middleton Community Council

MCC chair, Rebecca, opened the proceedings by awarding the annual Chairman's plate for service to the village to the team of people who deliver (and those who have delivered in the past) the Newsletter and Fisherman every month, come rain or shine. Many of the current team were present but not all so we will try to get a group photo for next time.

With the BBQ already underway,

The band began to play.

The aptly named 'Comic Dog show' didn't disappoint... though some took it all in their stride.





SMASHING CHINA

The overall 'Best in Show' going to Phillipa Missenden of Aldeburgh with her dog Mylo.





These 2 were next door hope no-one got them mixed up!!!!



Games and activities for all the family.







Will he....



The WI were there with their cakes and produce.





The beer didn't run out...

...but the burgers did!!



...and there were lots of happy, smiley people.









#### Saturday 2<sup>nd</sup> September is:

#### Vinyl Night at The Bell



Come and listen to some good old LP tracks from past decades, chosen and played by a variety of wannabe DJ's . Singing along and dancing encouraged!

Also Squit night – Thursday 7<sup>th</sup> September from 8pm ish.

# Charity Quiz Night @ The Bell Inn

Monday 11th September

7pm



Max 6 members per team

£7.50 pp - Light meal included

Please bring a raffle prize

Booking is essential - 01728 648286

The Middleton Bell Cribbage team will soon be back in action – first game Tuesday 12<sup>th</sup> September away to Leiston Homeguard.

If you are new to the village and play crib we would love to hear from you. Likewise if you'd like to learn to play we can teach you.

Contact Barbara for more info.

Barbara.barker.t21@btinternet.com



#### THE BELL INN MIDDLETON

SUMMER OPENING HOURS

TEL. 01728 648286

BAR

MONDAY 12PM – 4PM

TUESDAY 12PM - 11PM

WEDNESDAY 12PM - 11PM

THURSDAY 12PM – 11PM

FRIDAY 12PM – 11PM SATURDAY 12PM – 11PM

SUNDAY 12PM – 7PM

FOOD SERVED

MONDAY - CLOSED

TUESDAY 12PM - 2.30PM / 6PM - 9PM

WEDNESDAY - SATURDAY 12PM - 2.30PM / 6PM - 9PM

SUNDAY 12PM - 4PM

BOOKING ADVISABLE, PLEASE MAKE US AWARE OF ANY DIETRY REQUIREMENTS WHEN BOOKING.

#### **Obituary**

#### **Patricia Smith**



Patricia "Pat" Smith formerly of Minsmere Rise, passed away on 14 August. The funeral will take place at Holy Trinity Church at 11.00 am on Wednesday 13 September.

If you are attending, please wear something bright - no black ties.

The wake will be at The Bell. It would be helpful if you would let Nigel know if you propose to come, so we can get an idea of catering numbers. (01728 648348; 07989 743421; or ns@twohoots.uk)



#### Cake and Coffee Club



Every Thursday Morning in The Village Hall – all welcome 10.45 am to 12 pm



#### **HOLY TRINITY – MIDDLETON CUM FORDLEY**



#### **Services during September**

Sunday 10 September 11am – PCC led Morning Praise

Sunday 17 September 11am – Morning Praise AT Theberton, with Theberton

Sunday 24 September 11am – Holy communion

The Benefice service this month will be at Sibton on Sunday 3 September at 10am.

Please come along

Please join us in Holy Trinity Church on Friday 22 September at 7pm for

## Samuel Pepys and the Making of the Royal Navy An Illustrated talk by Mark Mitchels

Any of us who have been along to Mark's previous talks will not want to miss this latest offering. Samuel Pepys has left us a diary which is justly famous, but he achieved far more in his lifetime than simply entertain us with his day-to-day reflections. Indeed, he could be said to have created the Royal Navy and set it on course to dominate the seas for centuries to come. Please join us as Mark celebrates both Pepys the diarist and the man who, from admitting to knowing nothing about ships, sailors or ship building, determined to learn and gave shape to the Royal Navy as we know it.

Holy Trinity Church - Middleton

# SAMUEL PEPYS and the Making of the Royal Navy







An illustrated talk by

## **Mark Mitchels**

Friday 22<sup>nd</sup> September 2023 at 7.00pm Admission Free. Silver collection for church funds

#### Reiko Fujisawa

#### **Piano Concert**

#### Holy Trinity Church - Sunday 22 October at 3pm

We are much looking forward to welcoming a full house to this concert – expect a bit of a squeeze!



New dusters always welcome, of all faiths and none

6 September - Mark and Liz 20 September - Val and Camilla 4 October - Trish and Graham 18 October - Amanda and Irene

#### **Thought for the Month**

22 November - Paul and Rob

'Do not be too moral. You may cheat yourself out of too much life. Aim above morality. Be not simply good; be good for something.' - Henry David Thoreau



8 November - Margaret and Nicola

... and you're invited.

#### Let's do whatever it takes

to support people living with cancer.

PLACE	The Bell, Middleton
DATE	Friday 29th September
TIME	10am -12pm
CONTACT	Fiona Cusack 07730474004





#### 28th August

On the subject of unwelcome visitors, a man was captured on film trying car doors in the village at 3.30am this morning, (28<sup>th</sup>) having been seen on the road from Theberton by a lorry driver at 2.30am. Just to make you aware to be vigilant as all seems a bit close to home recently.

Lesley

\_\_\_\_\_\_



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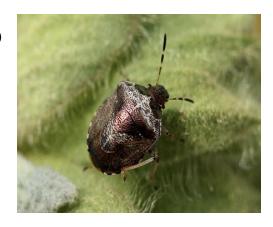
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#### **September Nature Notes**



In late summer and early autumn shieldbugs become more obvious as they bask in the sun on exposed vegetation before they hibernate. Shieldbugs are attractive insects, easily characterised by their flattish oval or five-sided shield shape. They look somewhat like beetles, but have piercing mouthparts instead of mandibles. In America and sometimes in Briain, they are called stinkbugs because when threatened, some species produce a unpleasantly pungent defensive spray from glands located underneath the thorax.

The shieldbugs are amongst the most familiar representatives of the terrestrial Heteroptera (true bugs) and are fairly straightforward to find and identify, making them an ideal group to start with when finding or studying insects. They are predominantly insects of warm climates; several species are at or close to the northern edge of their range in Britain and most have a southerly distribution. There are 44 species found in Britain, many species are distinctive in shape and often brightly coloured and varying in length from 3mm to about 17mm. The apparent colour of shieldbugs results from a combination of two things, the background colour and the surface texture. The surface of the bug is covered in



microscopic pits, and the colour, size and spacing of these punctures can vary and this affects the apparent colour of the shieldbug. Metallic colours often vary between individuals and one species can be blue to green or purple.

Most shieldbugs feed on plants, or more precisely the plant sap which they suck from plants using their rostrum which resembles the needle of a syringe, although a few species may be partly predatory or scavenge on dead invertebrates. The range of plants used includes grasses, herbaceous plants and woody shrubs and trees. Most species will feed on a variety of plant species, while some are largely confined to host plants in a single family. All parts of a given host plant may be exploited for feeding, although unripe fruits are particularly favoured. They can be pests but they rarely cause much damage, although the noxious liquid they produce can taint the taste of some fruit. However, a recent arrival - the southern green shieldbug, a native of Africa, but frequently imported into Britain on food products is known to be a serious pest of fruits, berries and beans. Most shieldbugs need symbiotic bacteria for the digestion of sap. They acquire this to aid to digestion at an early age when the mother bug smears her eggs with the bacteria for the young nymphs to ingest as they feed on the egg case. Unlike many insects, shieldbugs often show parental care, guarding their young from predators. One species, the parent bug is so named because the female will actually sit on eggs until they hatch. This reduces levels of attack from parasitic wasps.

Shieldbugs overwinter as adults before becoming active and mating in spring. The female then lays her eggs, with the larvae emerging as nymphs in early summer before passing through several moults, called instars, becoming more like adults at each stage until reaching the fully winged adult in late summer.

Peter Vincent		

#### **POLITE REQUEST**

Please do not park along both sides of the Street (next to the Village Green) as it makes it extremely difficult for vehicles to weave past, especially delivery vans and emergency vehicles.

#### **DIARY DATES 2023**

<u>September</u>

Saturday 2<sup>nd</sup> Vinyl Night at The Bell

Sunday 3<sup>rd</sup> Benefice Service, Sibton 10am

Thursday 7th "Squit Night" - live music at The Bell - from 8pm

Sunday 10th PCC led Morning Praise 11 am

Tuesday 12<sup>th</sup> Parish council meeting, Village Hall **7pm** 

Sunday 17th Morning Praise AT Theberton, with Theberton 11 am

Wednesday 20<sup>th</sup> WI - Village Hall - Steve Everett - Red Deer 7.15pm

Friday 22<sup>nd</sup> A Talk on Samuel Pepys by Mark Mitchels, Holy Trinity Church 7pm

Sunday 24th Holy Communion 11am

Friday 29<sup>th</sup> Macmillan coffee morning, Middleton Bell, **10** - **12**.

October

Thursday 5th "Squit Night" - live music at The Bell - from 8pm

Tuesday 10<sup>th</sup> Parish council meeting, Village Hall **7pm** 

Saturday 14<sup>th</sup> Autumn Fair

Wednesday 18<sup>th</sup> WI - Village Hall - Katie Osborn - 'Beach bonkers' **7.15pm**Sunday 22<sup>nd</sup> Piano concert by Reiko Fujisawa, Holy Trinity Church, **3pm** 

November

Thursday 2<sup>nd</sup> "Squit Night" - live music at The Bell - from 8pm

Tuesday 14th Parish council meeting, Village Hall 7pm

Wednesday 15<sup>th</sup> WI - Village Hall - Cheese & Wine evening + AGM 7.15pm

Date tbc - Village Hall soup & roll quiz will be back

<u>December</u>

Saturday 2<sup>nd</sup> Santa Boules - Recreation Ground 10am

Thursday 7th "Squit Night" - live music at The Bell - from 8pm

Saturday 9<sup>th</sup> MCC Christmas Party

Tuesday 12<sup>th</sup> Parish council meeting, Village Hall **7pm** 

Wednesday 20<sup>th</sup> WI - Village Hall - Christmas celebration 7.15pm

To book the Village Hall contact Richard Turner on jenricht@btinternet.com or 01728 648345

To book the pavilion on the Playing Field contact Lesley Taylor

taylormadeflowers@yahoo.co.uk or 07970257329

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Apologies if I've missed off your advert this month due to lack of space – it will be back next month. One extra page would leave 3 blank ones which we'd still have to pay for!